



21/22

EDUCATION PROSPECTUS

www.barnsleyfccommunity.co.uk

WELCOME TO REDS IN THE COMMUNITY

Reds in the Community is a registered charity delivering community and charitable activities on behalf of Barnsley Football Club, to be the best in our community at positively changing lives.

OUR MISSION:

Reds in the Community provide inspiring, high-quality inclusive programmes and initiatives. Harnessing the reach of Barnsley Football Club, we raise the aspirations of our community, supporting them through positive change across our four key themes of work; Education, Health, Social Inclusion and Sports Participation



BE THE BEST IN
OUR COMMUNITY
AT **POSITIVELY**
CHANGING LIVES

OUR EDUCATION PROGRAMME

Here at Reds in the Community, we offer a range of sports courses designed to meet the needs of learners at all levels aged 16+.

From our Level 1, 2, 3 and Foundation Coaching degree we have an educational offering for learners of all abilities.

Our courses are designed to challenge, develop and nurture young people from all backgrounds and abilities within the community. The unique environment at Oakwell encourages learners to flourish in a supportive and relaxed yet professional environment.

Courses on offer are the equivalent to qualifications accessed with mainstream Post-16 providers and are supported by a team of fully qualified tutors and support staff.

Whilst running each of our courses in the same way as any other educational establishment, here at Reds in the Community, we pride ourselves on the unique environment and atmosphere that learners encounter.

Smaller class sizes enhance an individual's learning experience as learners have access to more one-to-one tutor support, which has the benefit of building confidence, developing skills and providing pastoral guidance to inform future decision making.

OUR SEPTEMBER GUARANTEE

Once you have attended an interview and our tutors feel you are well suited to study with us, we will guarantee your place on one of our courses starting in September.

Whatever GCSE / A-Level grades you leave school with, we will ensure you start on the correct course with us, whether it be on our Level 1, 2, 3 courses or the Foundation Degree.



MEET THE EDUCATION TEAM

Our team is made up of fully qualified tutors and support staff. Our team pride themselves in developing new innovative ways of making your learning experience as engaging and enjoyable as possible.

All lessons are run through an accelerated learning

method which aims to maximise the learning experience.

Over the past six years, our staff have received both Grade 2 (good) and Grade 1 (outstanding) teaching grades through internal and external observations.



MARK CROSSFIELD

Head of Education



SARAH GARSIDE

Curriculum Lead



LOUIS INGLEDOW

Education Tutor



SUE GREENHOFF

Education Administrator



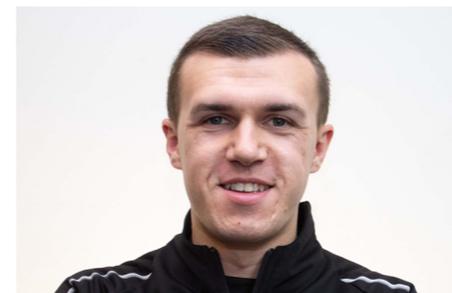
JOE BEDFORD

Lead EFL Coordinator & Education Mentor



SUE WILLIAMS

Education Tutor



SAM SUTTON

Lead NFYL Coordinator & Foundation Degree Mentor



KELLY ROBINSON-WALTON

Wellbeing & Designated Safeguarding Officer



JAMES WHITEHEAD

EFL Assistant Lead Coach

FAQ's

IS IT ALL ABOUT FOOTBALL?

We are based at a professional football club and run a football player development programme. However, our courses cover a wide variety of sports. From the Level 1 Introduction to Coaching to the Level 3 Extended Diploma you will cover a wide range of sports, including:

- | | | |
|--------------|----------------|--------------|
| • Tag Rugby | • Table Tennis | • Handball |
| • Volleyball | • Hockey | • Cricket |
| • Badminton | • Athletics | • Basketball |

IS IT THE SAME AS COLLEGE?

Yes, we run fully accredited courses that are nationally recognised. These qualifications are taught by fully qualified and experienced teachers.

IS IT ALL AT OAKWELL?

Yes, all our classrooms are on site within Oakwell Stadium and the indoor centre and are surrounded by the first team and academy pitches. Functional skills English and Maths along with GCSE English and/or Maths resits, will also be delivered on site.

WHAT WILL THE COURSES ENABLE ME TO DO?

This depends which course you start on. Students starting on the Level 1 programme's aim is to develop their confidence in delivering coaching sessions in order to progress onto the Level 2 programme the following year. The Level 2 programme challenges you further by exploring aspects of the sports industry. This will equip students with knowledge relating to planning a healthy diet, training programmes and how to set lifestyle changes. The Level 3 programme covers many aspects of the billion pound sports industry.

Areas covered include sports coaching & development, setting diet plans for elite athletes, health and fitness testing, analysing a Barnsley FC first team player during a live game and producing a performance report, plus much more.

Upon completion of this course, your options include progression onto our Level 3 Extended Diploma, our foundation degree or onto University by obtaining UCAS points.

FINANCIAL SUPPORT

If you are aged between 16 – 18 years old and your household income is below £35,000, you will be eligible to apply for a learner support fund. This fund will help towards travel and lunch costs.

Bursaries are available to help support you with equipment for practical sport and coaching sessions. If you are eligible for the bursary you will receive a range of Barnsley FC sportswear, including t-shirts, jackets, shorts & jogging bottoms.

LEVEL 1

INTRODUCTION TO COACHING

The Level 1 Introduction to Coaching is an excellent starting point for you to develop a career in sport.

Based on site at Oakwell you will study the basics of the sports industry with an emphasis on coaching and delivering activity sessions.

The programme is one academic year in length (September to June) and not only gives you an insight into sport but develops your confidence, self-esteem and communication skills.

Alongside the coaching element of the course, you will also access CV building workshops, sessions on developing interview skills and employment taster days.

Successful candidates may progress to the Level 2 Extended Certificate in Sport, employment or other vocational opportunities.

Learners have the opportunity to represent RitC in fixtures against other Trust's or gain vital coaching work experience with the Community's extensive delivery of activities.



ENTRY REQUIREMENTS

16 - 18 years of age



No GCSE's required

Successful interview

Strong interest in sport

Willingness to learn

OVERVIEW

The curriculum is designed to equip learners with a basic understanding of the sports coaching sector.

Students will study two qualifications, a level 1 award in assisting coaching and level 1 award in sport. The award in assisting coaching is designed to develop students confidence, knowledge, team working and communication skills to plan and eventually assist a sports coaching session. To eventually deliver the session students will work on improving all the essential core skills needed to achieve this.

Through the level 1 award in sport students will explore the sports sector by studying at a basic level content which includes sports science, coaching and fitness.

The curriculum has a practical focus with students taking part in practical sport every day. Through taking part in sport daily students are encouraged to express themselves and work as a team to play the sport. The core skills developed in practical sport are soon seen in the classroom, with students improving their confidence to speak within small groups, offer their opinions in class discussions and respect when another person is speaking.

The course is designed to work with small numbers. There are no more than 10 students on this course to ensure students have an increased contact time with tutors and support staff. With lower numbers in the classroom, disruptions are reduced and students feel more confident in smaller class sizes. This then helps to develop communication and team working skills.

Topics Covered

- Level 1 Principles of coaching sport
- Level 1 Award in Sport
- Functional Skills
- Work Experience
- CV / Career Workshops

Assesment Methods

- Planning and Leading Sports Activities
- Written reports
- Practical assessments
- Portfolios
- Presentations
- Posters / Leaflets
- Online assessments

LEVEL 2

SPORT EXERCISE AND HEALTH

The Level 2 in Sport, Exercise and Health has been developed to give learners a good understanding of the forever expanding health and fitness industry.

This course also incorporates coaching workshops, designed to further develop students' ability to plan and deliver fun and engaging coaching sessions.

This route provides students with the knowledge and skills required to progress into the sports industry, or the Level 3 Extended Diploma.

Successful candidates may progress to further education, such as the Level 3 Extended Diploma, work or other vocational opportunities.

Learners will have the opportunity to represent RITC in football matches against other Football League Trusts or gain vital coaching work experience with the Community programme's extensive delivery of activities throughout Barnsley.



ENTRY REQUIREMENTS



16 - 18 years of age

Four grade 3's required

Successful interview

Strong interest in sport

Willingness to learn

OVERVIEW

The curriculum is designed to equip learners with an understanding of the sports sector in order to either start a career in sport, leisure or fitness industry

Students will study 3 core units, Participating in sport, Anatomy and physiology for exercise and Introduction to healthy exercise and nutrition. These units give students a good coverage of the sport and fitness sector by developing students understanding of the human body and how it functions. Through Participating in sport students are introduced to practical sport with elements of sports coaching. Through this unit students are able to work in collaboration together to plan and deliver coaching sessions. We are able to draw upon the expert coaches at Reds in the Community to offer guidance and further support to students working through

this unit. The final core unit is Introduction to healthy exercise and nutrition. In addition to the core delivery of this unit we are able to offer guest speaker sessions from our strength and conditioning coach. Industry experts are available to offer guidance and support of relating theory to practice and the role of a nutritionist and strength and conditioning coach working with elite athletes.

Students then complete an optional unit Physical fitness and injuries in sport. This unit allows students to explore potential career pathways into personal training or physiotherapy. Just like previous units covered we draw upon the support of expert staff through our sports therapist and strength and conditioning coach. Students explore a range of sporting injuries and ways of treating them. Students will also plan and carry out a personal exercise programme.

Topics Covered

- Fitness Testing and Training
- Practical Sport
- Nutrition
- Work experience in the Sports Industry

Assesment Methods

- Planning and Leading Sports Activities
- Written reports
- Practical assessments
- Portfolios
- Presentations
- Posters / Leaflets
- Online assessments

LEVEL 3 BTEC EXTENDED DIPLOMA IN SPORTS COACHING & DEVELOPMENT

The Pearson BTEC Level 3 National Extended Diploma in Sports Coaching and Development is intended for post-16 learners wanting to progress directly to employment, including self-employment, in sports coaching and development roles.

It is also suitable for those wishing to progress to higher education, where learners would have the added advantage of using this qualification to obtain part-time employment while studying.

The qualification is mapped to the CIMSPA 'Coach' and 'Safeguarding and Protecting Children' professional standards. CIMSPA endorsement allows learners to apply for CIMSPA membership, after successfully completing this programme, and is therefore recognised by employers as being suitable for entry to employment in the role of a multi-skills sports coach in the sport development sector.



ENTRY REQUIREMENTS

5 GCSE's (A - C or equiv grade 4 and above)



Successful interview

Strong interest in sport

Willingness to learn

OVERVIEW

Possible job roles include community coach, sport specific school coach, sport-specific after-school coach and weekend multi-sports holiday coach. Learners will also have the skills and expertise to work with beginners up to high-level performers.

Students will be able to work in the role of club sports coach, progressing to working with elite performers and in sport-development programmes in many capacities.

Assesment Methods

- Written reports
- Practical assessments
- Portfolios

Topics Covered Year One

- Careers in the Sport and Active Leisure Industry
- Football Coaching Theory to Practice
- Technical Planning and Reflective Practice in Football
- Introduction to Sports Science for Football
- Introduction to Sports Development
- Academic Research and Study Skills
- Football Event Management

The content of this qualification has been developed in consultation with employers and professional bodies. This ensures that the content is appropriate and consistent with current industry practice, which enables learners to enter employment directly in sports coaching and development roles.

Higher-education institutions have been consulted to ensure that the qualification allows appropriate progression for those aspiring to higher-level study.

Topics Covered Year Two

- Youth Football Coaching
- Sports Placement
- PE and School Sport
- Football in Society
- Project Operations Management

FOUNDATION DEGREE COACHING AND DEVELOPMENT

The The Foundation Degree in Community Football Coaching and Development has been specifically designed for learners at professional football club's and their Trust's education programmes.

Operating through the University of South Wales, the two-year course was written by the English Football League (EFL) Trust in order to develop the required skills and experiences to operate as a professional coach.

Alongside classroom-based learning, students will have the chance to gain coaching experience through Reds in the Community's various initiatives at Oakwell and across the borough of Barnsley.

This course has been shortlisted for a Times Higher Education Leadership and Management Award 2018 in the 'Outstanding Digital Innovation of the Year' category.



ENTRY REQUIREMENTS

A-Level Offer - D, D to include a relevant subject but exclude General Studies

BTEC Offer - BTEC Diploma, Merit, Merit in a relevant subject

Level 1 in football coaching or equivalent foundation level football coaching qualification from a football national governing body (NGB)

Successful interview

Strong interest in sport



You'll learn about children and youth coaching, football coaching, football development, social inclusion, and sports management skills.

You will be based predominantly within Oakwell Stadium, with a minimum of five days a year at the USW Sport Park, experiencing the £15m state-of-the-art coaching and performance development centre with full size indoor 3g pitch, equipped with the latest GPS, Video and Audio technology to support your coach education development.

Year 1

- Football Coaching Young Performers
- Strength and Conditioning: Principles and Applications
- Academic Research and Professional Skills
- Introduction to Sports Development
- Managing and Developing Football in the Community

Year 2

- Football Coaching Adolescent Performers
- Sport Placement: Football
- Football in Society
- Physical Education and School Sport (Optional)
- Performance Analysis (Optional)

THE REDS ABROAD

MALTA

26 students will have the unique opportunity to go on a two-week coaching experience in Malta. The lucky learners will be selected in a process which will take into account attendance, behaviour and commitment to volunteering within Reds in the Community's projects.

The trip will not cost any of the students a penny with their flights, accommodation, food and drink covered by funding from the Erasmus project.

Whilst in Malta, the students will coach children in the local schools and colleges, delivering a variety of sport coaching sessions.

There will also be the opportunity to take part in sports such as football, basketball, beach volleyball and water polo.



BARCELONA

Spend the week training and living like a professional football player!

This exclusively football related trip allows students to experience a unique opportunity in Spain at the state of the art Futbol Salou Sports Complex in Barcelona. Students will spend four nights in the 4* accommodation Cambrils Park on a full board basis.

Students will train, eat and sleep football all week. This will include training sessions led by our Shadow Scholarship coaches, 2 friendly fixtures, a gym and spa session and a tour of the iconic Nou Camp stadium.



MONDAY

Meet at Oakwell stadium. Coach to UK airport. Take flight to Barcelona. Arrive to Barcelona airport, transfer to Salou (1 hr) Check into accommodations & Evening meal

TUESDAY

a.m. Breakfast. Training session at Futbol Salou complex (Astroturf 90 minutes), Lunch

p.m. Friendly Fixture, Dinner

WEDNESDAY

a.m. Breakfast. Training session at Futbol Salou complex (Astroturf 90 mins), Lunch

p.m. Friendly Fixture, Dinner

THURSDAY

a.m. Breakfast, Transfer to Barcelona, Nou Camp Stadium Tour (own booking), Gym & Spa session

p.m. Return transfer to accommodations, Dinner

FRIDAY

Breakfast, Transfer to Barcelona airport for return flight home, Arrive to UK airport and transfer back to Barnsley

SHADOW SCHOLARSHIP PROGRAMME

This exciting initiative allows a combination of ex-academy players and young local talent aged 16-19 to develop their footballing ability in the hope of moving into professional football through Barnsley Football Club, whilst also studying on Reds in the Community's equally impressive education setup, gaining either a BTEC, or a foundation degree in football coaching.

Players will train daily in a professional environment and develop under UEFA B qualified coaches from both Reds in the Community and the Barnsley FC Academy, whilst also having access to impressive on-site facilities including physiotherapy, the gym and performance analysis equipment.

Our Shadow Scholars will also get the chance to represent Barnsley FC in the U19's National Youth League and National Cup as they compete against other professional football clubs across the country.

There is also the opportunity for players to go on football tours, as the U19's travelled to Barcelona, whilst previous students have also trained at St George's Park and been on a two-week coaching experience to Malta.

Students aged 19+ and studying one of our degree pathways are able to combine studying a degree and taking part in our U23 Shadow Scholarship. Our U23 Shadow Scholars follow a comprehensive football training programme and compete in the NFYL U23 division. Our U23's are the current national champions.

In addition to the comprehensive football training programme, some players will have the opportunity to integrate with some Barnsley FC academy U18 training sessions. Over the past three seasons a number of players have trained weekly with the U18s, including players progressing onto 6 week trails with the academy.

Career opportunities from the programme include, but are not exclusive to:

- Professional/Semi-Professional Football
- Sports Analyst
- Sports Coach
- Sports Nutritionist
- Sports Scientist
- Physio





FOOTBALL DEVELOPMENT PROGRAMME

Our football development programme is an offer for students that are not quite ready for competitive football at Shadow Scholarship level and is targeted at players with previous or current experience at a recreational level or introductory level to football. On this programme players will train a minimum of twice a week in a professional environment under FA qualified coaches from both Reds in the Community and the Barnsley FC Academy. Players also have access to our impressive on-site facilities including physiotherapy, gym and performance analysis equipment.

Our football development players will get the chance to represent Barnsley FC in the EFL CEFA league against other professional football clubs across the country.

The focus of this programme is to develop players to progress into the Shadow Scholarship programme, without pressure and in a supportive environment.

Career opportunities from the programme include, but are not exclusive to:

- Professional/Semi-Professional Football
- Sports Analyst
- Sports Coach
- Sports Nutritionist
- Sports Scientist
- Physio



EXTRA-CURRICULAR EXPERIENCES

BUSINESS OF SPORT

Business of sport is a brand new extra-curricular study module at Reds in the Community.

Titled 'The Business of Sport', this exciting new module will be delivered by Barnsley FC's former Marketing & Media Manager Rob Davies who will provide students with a fascinating insight into important and influential areas of the sports industry, including sports media, journalism, marketing, commercialisation and fan engagement.

Using a wide range of learning and investigative activities, the module is designed to supplement students' core studies by developing their wider knowledge of the sports sector.

The knowledge and skills gained will be hugely beneficial as they pursue a long-term career in sport.

The 11-week module will only be available to a small number of students.

Student will be required to apply for the opportunity which further boosts their experience of employment.

SPORTS THERAPY

This exciting opportunity will give students a hands on experience in sports therapy, learning about injury analysis, injury treatment and injury prevention.

The experience will be delivered by Reds in the Community sports tutor Sue Williams who is also the Barnsley FC 1st team masseuse. Successful applicants will shadow Sue, gaining industry experience of treating athletes across a range of sports injuries.

STRENGTH AND CONDITIONING

Students will work alongside lead Strength and Conditioning coach Chris Chapman who has a vast experience in this sector and is also the current lead Strength and Conditioning coach at Bradford Bulls Academy.

Students will shadow Chris learning how to assess athletes fitness levels, accurately record and log data captured, analyse results and develop bespoke fitness plans for both individual players and teams.

FOOTBALL COACHING

This opportunity enables students to assist in the delivery of Reds in the Communities very own Soccer Camps.

Camps are run by Reds in the Community coaches during half term at Oakwell Stadium.

Successful applicants will be able to gain vital coaching experience which helps students gain a greater insight into community football coaching, specifically working with young children.

STUDENTS THOUGHTS

Students share their experience of studying at Oakwell across our courses, work experience and the Shadow Scholarship Programme.



STEVEN SIMPSON

Signed professional terms with Barnsley FC Academy U23's

The shadow Scholarship helped me as it emulates the first team and the U23's so just being in this environment has helped me to adapt

It helped me stay full-time and that was one of the main things. I was playing non-league which was only three times a week, so I wasn't really happy because

I wanted to play every day.

The Shadow Scholarship programme allowed me to come back and continue to play full-time. I spoke to Mark Tinker [Lead Development Coach] and he sold this idea to me which worked out well in the end. It's been really good for me and I've really enjoyed it!"



CALLUM WALMSLEY

Signed full scholarship terms with Barnsley FC Academy U18's

The education is great, as we have tutors who pay close attention to our work and give us the best chance to achieve high grades by showing us where we can improve.

Overall, the programme is great for people who may want to stay in sport in one way or another, either directly or

indirectly.

And if this isn't achieved, it provides a stepping stone for further education in the future, as well as creating opportunities to visit different environments and become more adaptable



JESSICA JENKINSON

Studying at Reds in the Community is an amazing opportunity!

I am studying the Level 3 Extended Development & Coaching Diploma which is interesting and a new experience to me, learning more about the careers in sport as well as your health and how it affects you in so many ways.

I also shadow the physio doing massage and taping as I want to be a physio

therapist in the future. What has helped me develop is knowing my career path so after college I'm wanting to go to university and get further experience and grades to get a job as a physio therapist at either a hospital or at a football club.

So the things that help you develop in college is having a career goal to aim for look into what you need for it and strive to do your best in everything you do.



LUKE HOBSON

During my time at Reds in the community I have gained vital experience which has instilled a great sense of confidence within myself. Throughout my time I have developed a number of new skills which have allowed me to complete levels 1,2 and 3.

At a time when I felt lost in my career path, Barnsley reds in the community took a chance on me, showing faith, which I hope I have repaid by fulfilling my potential. They have supported me throughout the course understanding

my needs and encouraging me to become more independent person.

My confidence has definitely improved from suffering with anxiety, to working in groups and supporting my peers.

I now have an expectation of myself and know what I can achieve with hard work and a determined mind set.

With the support of the education team I have now applied for university through UCAS to further my studies and build a future for myself.

OUR PARTNERS

Reds in the Community are proud to partner with the following to ensure that we deliver the highest quality of provision available to our young learners.



University of
South Wales
Prifysgol
De Cymru



Sheffield
Hallam
University



ACHIEVEMENT
through sport

Union
Learning
Fund

with unionlearn

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